

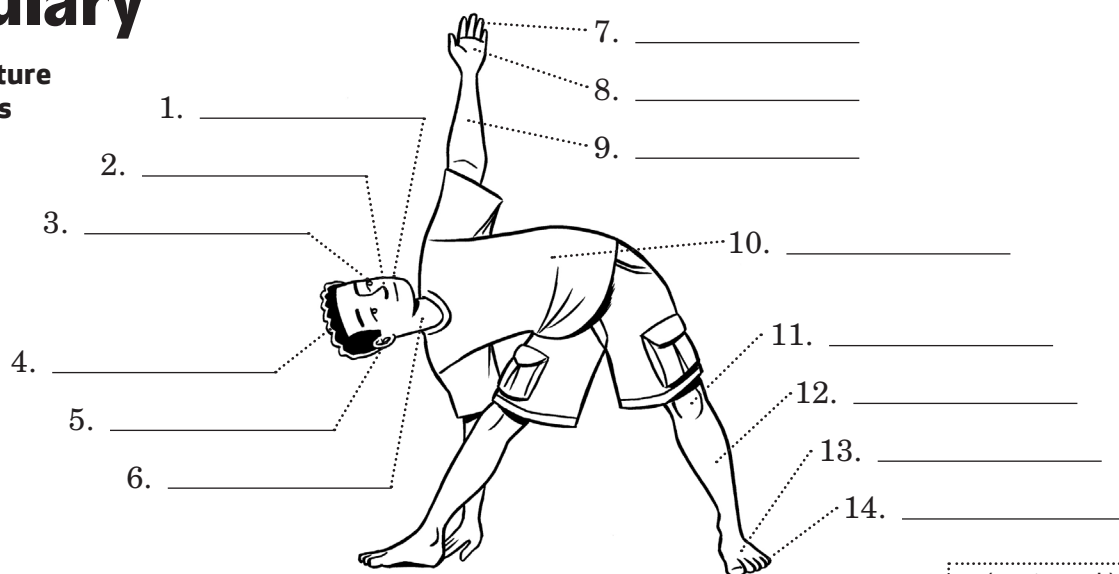
Unit 5

Name: _____

Date: _____

1. Vocabulary

A Label the picture with the parts of the body.



14 (1 point each)

B Complete the chart with the words in the box.

- | | | | |
|----------------------------------|--|-----------------------------------|---|
| ☐ aspirin | ☐ cold medicine | ☐ eardrops | ☐ hot tea with lemon |
| ☐ cold | ☐ earache | ☐ headache | ☐ sore throat |

Health problem	Remedy

8 (1 point each)

C Match the sentences to make health tips and advice.

- | | |
|--|---|
| 1. Be active. _____ | a. Stay away from fats and sweets. |
| 2. Challenge your brain. _____ | b. Do a crossword puzzle or read a book. |
| 3. Don't skip breakfast. _____ | c. Get some exercise every day. |
| 4. Reduce stress. _____ | d. Brush your teeth after every meal. |
| 5. Don't eat junk food. _____ | e. It's important to eat in the morning. |
| 6. Prevent cavities. _____ | f. There's a lot of calcium in milk. |
| 7. Protect your skin. _____ | g. Always use sunscreen outdoors. |
| 8. Get your vitamins and minerals. _____ | h. Relax. Take time every day to do something you like. |

8 (1 point each)

Subtotal: _____ out of 30

2. Language focus

A Complete the sentences by changing the adjectives to adverbs.

Travis is 14 years old. He takes karate classes four times a week. He practices _____ (regular), and he's learning to move more _____ (flexible) and _____ (quick). Travis knows he should practice _____ (careful).

8 (2 points each)

B Complete the sentences with *should* or *shouldn't*.

1. You _____ brush your teeth twice a day. It's important to prevent cavities.
2. You _____ eat junk food. It's not very good for your health.
3. You _____ get more exercise. Exercise is important for good health.
4. You _____ stay up late. It's important to get eight or more hours of sleep.

8 (2 points each)

C What do these teens do when they have a cold? Write sentences with *when*.

Bob	Cynthia	Ben
take cold medicine	drink orange juice	stay in bed

1. (Bob) _____
2. (Cynthia) _____
3. (Ben) _____

6 (2 points each)

D Write questions. Then write answers with your own information.

Example: **Q:** (watch TV) *How often do you watch TV?*
A: *I watch TV every day.*

1. **Q:** (exercise) _____
A: _____
2. **Q:** (take a math test) _____
A: _____
3. **Q:** (go to the mall) _____
A: _____
4. **Q:** (eat vegetables) _____
A: _____

8 (1 point each)

Subtotal: ____ out of 30

3. Reading

A Read about Rita and Phillip.

What do you do when you don't feel well?

Rita: I like to take medicine when I don't feel well. When I have a headache, I just take aspirin or another medicine. For a cold, I take cold medicine. Sometimes I have allergies. When I have them, I take some allergy pills. I use eyedrops, too.

Phillip: I don't like to take medicine very much. When I have a headache, I usually try to rest in a quiet place with my eyes closed. It usually helps. When I have a cold, I drink a lot of orange juice. When I have a sore throat, I drink hot tea with lemon.

B Answer the questions.

1. What does Rita do when she has a headache? _____
2. What does Phillip do when he has a headache? _____
3. Who takes cold medicine for a cold? _____
4. What does Rita take when she has allergies? _____
5. What does Phillip do when he has a sore throat? _____

20 (4 points each)

4. Writing

A What do you do about these health problems? Answer the questions.

1. Do you like to take medicine? _____
2. What do you do when you have a headache? _____
3. What do you do when you have a cold? _____
4. What do you do when you have a sore throat? _____

B Now write about what you do when you have health problems. Use the information in Part A.

I (like / don't like) to take medicine when I don't feel well. When I have _____

20

Subtotal: ____ out of 40

Test Total: ____ out of 100